



KDHS NEWSLETTER

From The Principal's Desk

By Mr Walker

A huge welcome back to all who are part of the Kulin District High School community. Three weeks into the new school year and it is full steam ahead.

Our returning students have settled in well to their classes and our new students have fitted in seamlessly to the way we do things at Kulin. Staff have been busy with programs, class structures and work, trying to fit as much in as we can in this short 9-week term.

I must say it is awesome to walk into classes and witness the learning that is happening and the positive culture being created.

Our focus STRIVE value to start the year is SUCCESS, which we at Kulin believe is trying our hardest to be our best self. What a great way to start the year and set the platform for lots of hard work, personal growth and many future successes to celebrate.

Something to really celebrate right now, is the fact that we have 50 students enrolled in our High School in 2026. The first time in many, many years that we have had this number of enrolments in our High School. I believe a credit to our staff, how we structure up our high school (single cohorts) and the programs we have running. This is a positive situation to be in as the more students enrolled the more funding we receive, meaning more opportunities we can offer.

ISSUE HIGHLIGHTS

High School Belonginess Day

High School Science

Belonginess Day

Well done to all involved in this High School Day last Friday. From my perspective it was a great day, and we must thank our School Board for their tremendous support of this event.

See more photos and more information about this day in this newsletter.

REMEMBER AT KULIN WE;
STRIVE WITH CONFIDENCE'
STRIVE WITH RESPECT AND;
STRIVE TO SUCCEED





KDHS NEWSLETTER

From The Principal's Desk

Swimming

Wonderful to see everyone so organised and ready for swimming practice in Phys Ed lessons on Tuesday and Friday. I'm sure all the hard work and effort will make our Faction Swimming Carnival an even more fun and successful event on Friday 6 March.

A big thanks to Mrs Day for all her organisation and to our parents for having the students ready for practice on these days. Also, to our parent helpers at training sessions, thank you.

A team effort!

Speaking of teams, our Interschool Swimming Team will be selected following our school carnival, with the Interschool Carnival scheduled for Friday 20 March in Narembeen.

Lots of messages (Audiri getting a good workout!)

The beginning of every school year is such a busy time. A time we have to ask for consents and permissions for numerous things and get information out to our community. This means many messages will come out on Audiri and we thank you for being patient and on the ball in signing, returning and reading the information that concerns your children.

We are lucky these days that we can do a lot of this work online; we are saving lots of trees.

Messages soon should reduce to a steady trickle, not a torrent like the last week or so.

Open Night at School - Friday 13 March

More information will come home soon about this event over the next week or two. Open night will replace our Meet and Greet evening from previous years. It will be similar in that families can come and picnic on the lawn and have the chance to visit classrooms meet the teachers and see students work and how the rooms are set up. Specialist rooms will also be open as students may have work on display. Staff will be present and opportunities will exist to set up future interview times if required.

Stay tuned for more details about Open Night.

What's coming up?

Swimming carnivals, SciTech visits, NAPLAN for Yr 3, 5, 7 and 9 students, school assemblies and student leadership camp are coming just to name a few. Keep your eyes peeled for newsletters, the school website calendar and Audiri for dates, times and information about upcoming events.

You don't want to miss out!

Finally

I'm sure lots of you are already aware, but I am getting older. It has been, or it was a difficult decision for me to make, but I am retiring. Thursday 2 April (last day of Term 1) will be my last day as principal of this fantastic school.

I will say a bit more as the term winds down, but I want to thank you all for the support I have had from the community in my 6 years at Kulin, but more importantly the support our community provides for our students and school. Long may it continue.

Garry Walker
We STRIVE



Term 1, Week 3

STUDENT COUNCIL CATCH UP

WEEK 3

Welcome to 2026! We are really excited to represent the students in our school. The 2026 Student Council consists of: New Bowey, Ronan Doust, Kahlan Spurr, Amy Syred, Flynn Smoker, Ben Lucchesi, Paige Kempton, Macey Robertson and Milla Browning.

Frosty Fridays are back this week, so don't forget to bring your 50c on Friday!

We are excited to announce that our first STRIVE assembly will also happen this Friday just before lunch - get those raffle tickets in!

The Student Council will be hosting the first Whole School Assembly for 2026 on Friday 27th February (Week 4).

There will be many more exciting things coming up throughout this term - more to come in the next newsletter!



STRIVE VALUE SUCCESS!



At Kulin District High School to have **SUCCESS** we will try our hardest to be our best self.

Joke!!!!

Two fish in a tank, one looks at the other and says, 'How do you drive this thing?'

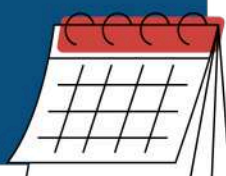


UPCOMING EVENTS Week 3

- Frosty Fridays are back!
- STRIVE Assembly 12:40pm Friday

Week 4

- Wholeschool assembly



high school

BELONGINGNESS



BELONGINGNESS, FEELING CONNECTED, TEAMWORK, COMMUNICATION, AND LEADERSHIP ARE IMPORTANT ATTRIBUTES AND SKILLS TO POSSESS.

EVERY SECOND YEAR OUR HIGH SCHOOL STUDENTS ATTEND A 2-NIGHT, 3-DAY BELONGINGNESS CAMP AND IN THE YEARS BETWEEN WE HOLD A BELONGINGNESS/TEAM BUILDING DAY.

BOTH EVENTS ARE SUPPORTED AND FULLY FUNDED BY OUR SCHOOL BOARD. THEY ARE HELD EARLY IN THE YEAR SO OUR HIGH SCHOOL STUDENTS CAN BUILD STRONGER CONNECTIONS WITH THEIR PEERS AND STAFF WITH THE EVENT DESIGNED TO GET THEIR YEAR STARTED WITH A POSITIVE AND PERSONAL GROWTH EXPERIENCE.

LAST FRIDAY WE HELD OUR BELONGINGNESS DAY AT THE REC CENTRE. 40 + STUDENTS ATTENDED AND OVER THREE SESSIONS THEY WERE INVOLVED IN CHALLENGING AND FUN ACTIVITIES DESIGNED TO CHALLENGE THEIR THINKING AND BUILD THEIR TEAMWORK, LISTENING AND LEADERSHIP SKILLS.

FUN, FRIENDLY, RESPECTFUL BEHAVIOUR AND EFFORT WERE SHOWN BY ALL. PLENTY OF SMILES WERE STILL ON FACES ON THEIR RETURN TO SCHOOL JUST BEFORE THE END OF THE DAY. FACILITATORS AND STAFF ALL SPOKE HIGHLY OF THE WAY OUR STUDENTS ENJOYED, ENGAGED AND CHALLENGED THEMSELVES THROUGHOUT THE DAY.

A BIG THANKS TO MIKE CORNISH (INFLATABLE SPORTS) WHO FACILITATED THE EVENT AND TO STAFF MISS CURRAN, MS MOORFIELD, MR SINGH AND MRS BUTTIGIG FOR THEIR EFFORTS AND COMMITMENT TO HELPING AND SUPPORTING THE STUDENTS.

LUNCH AND RECESS COORDINATED BY MRS BUTTIGIG WAS A BIG SUCCESS. DONUTS, SCONES WITH JAM AND CREAM, BEEF BURGERS, CHICKEN BURGERS, SALAD ROLLS, FRUIT BOXES AND AN ICE-CREAM. THERE WAS SOMETHING FOR EVERYONE. THANKS ASH!

ON BEHALF OF ALL INVOLVED A BIG THANKS TO THE KULIN DHS SCHOOL BOARD FOR MAKING THIS DAY POSSIBLE.



High school

SCIENCE

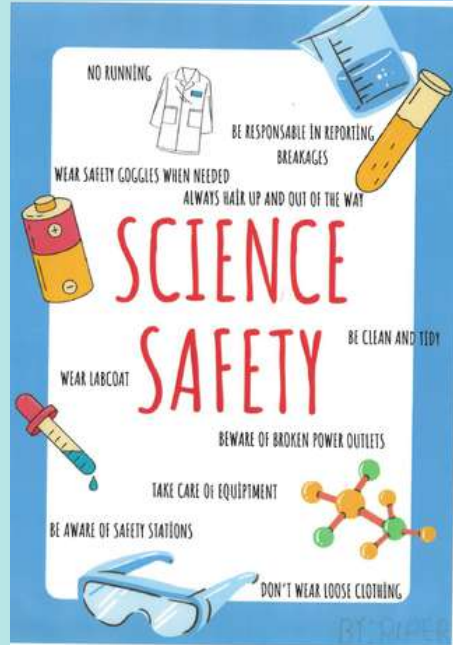
SCIENCE LAB SAFETY - BY YEAR 7 CLASS

IN OUR FIRST WEEK OF HIGH SCHOOL SCIENCE IN YEAR 7, WE LEARNT ABOUT SCIENCE LAB SAFETY. OUR TASK WAS TO DESIGN A SAFETY POSTER - IT WAS VERY COOL TO SEE EVERYONES STYLES SHINE AND THE PARTICIPATION OF EVERY STUDENT. SO WE WOULD LIKE TO SHARE A FEW OF OUR POSTERS.



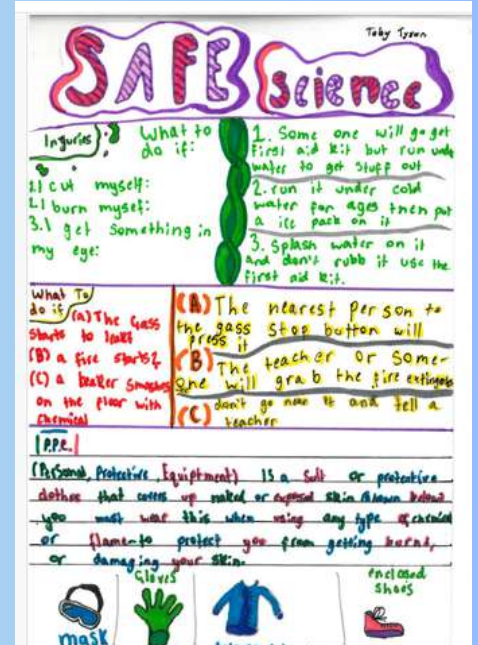
BEN'S DESIGN

- UNIQUE
- DIFFERENT COLOURS
- CREATIVE



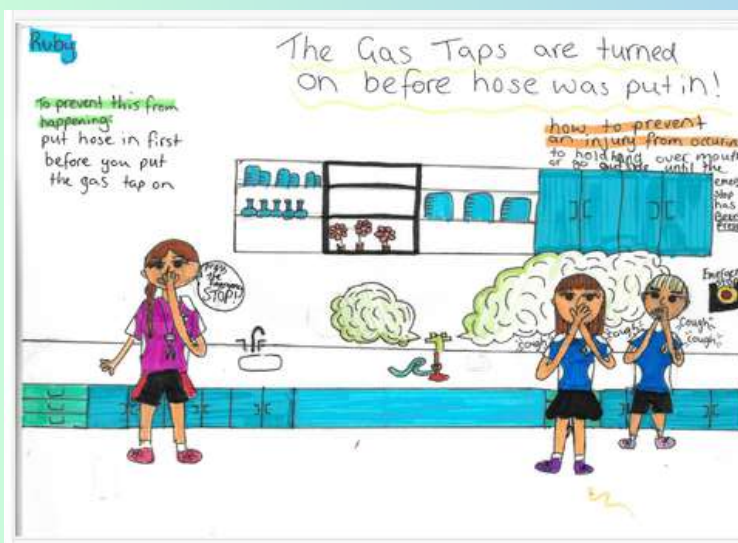
PIPER'S DESIGN

- WRITTEN WELL
- PIPER'S FLARE
- FUN TO READ



TOBY'S DESIGN

- COLOUR CLASHING
- FUN
- LITTLE PICTURES



RUBY'S DESIGN

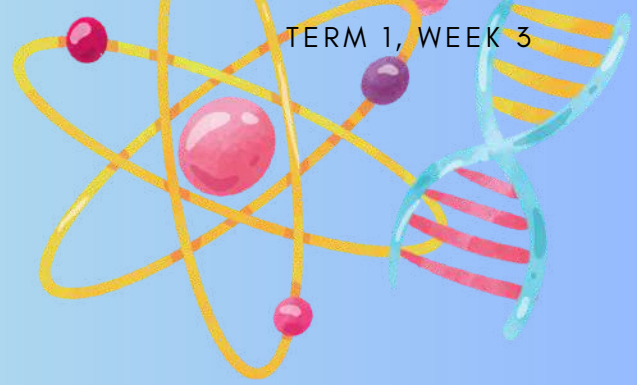
- CARTOONY
- EYE CATCHING
- UNIQUE



ELLIE'S DESIGN

- CREATIVE
- EYE CATCHING
- GETS POINT SET

YEAR 10 SCIENCE



Have you ever had a cut on your arm or leg and put a band aid on it, only for it to disappear and heal? We don't think much about it, but our bodies work 3x harder when we get the smallest cuts. This is because our body has to make up for all of the body cells we have lost.

In Year 10 Science, we have been learning about the stages body cells go through to duplicate. This process is called Mitosis and is helpful to the body for growth and repair. One way we remember the stages of Mitosis is using the acronym "IPMAT".

"I" stands for Interphase. Cells spend 90% of their time in this stage and this is the only time they are not completing mitosis. Cells use this time to copy all of the genetic information of DNA to create a duplicate of the nucleus, so they don't have to do this during mitosis.

"P" stands for Prohphase. This is when the nucleus is still intact and the chromosomes' are becoming visible.

"M" stands for Metaphase. This is the stage when all fo the chromosomes are lined up in the cell as the nucleus has now disappeared.

"A" stands for Anaphase. All of the chromosomes are attached to spindles and pulled away to separate halves of the cell.

"T" stands to Telophase. By now, a new nucleus starts to form around the chromosomes and the cell splits into two identical cells, completing mitosis.

This Wednesday, the year 10s used oreos to show all the stages of mitosis. We used sprinkles as the parts of the cell and the cream as the cell body.

We can't wait to see what else we are going to learn this year, and we hope to keep striving! By: Cassie

Year 9 & 10 STEM

Recently in STEM, we were building marble rollercoasters from paper. We were given sticky tape and paper to make it from scratch. The most challenging part was trying to make the support beams, so it didn't fall over. The investigation was fun and we all enjoyed it.

By: Ned and Connor.



Kulin D.H.S Country Week Fundraiser AFL Margin Lottery



Kulin D.H.S will be running a margin lottery for the 2026 AFL season. If you would like to be a part of this competition, please complete the entry form and return it along with your \$10 to the front office at the school or email (Kulin.DHS@education.wa.edu.au)

How the competition works:

- Every entry will receive a number between 1 and the number of entries sold. There will be a redraw for numbers after rounds 8 and 16. The winning margin of the WA home game (Eagles or Dockers) for the round will decide the winner each week. If there is no game in Perth then the margin will be decided on the first WA team on the fixture for the weekend.
- Entry fee is \$10 paid in advance of the lottery draw.
- Each week the winner will receive \$20 prize money.
- If the margin is higher than the number of entries, then the weekly prize will jackpot to the next week.
- The prize money will also jackpot if the game is drawn.
- **The first lottery draw will take place on Tuesday 3rd March 2026.** All those people nominating an email address on the entry form will be sent an email advising of margins.

Thank you for your support!

Kulin D.H.S AFL Margin Lottery Entry Form

Name: _____

Number of Entries: _____

Phone: _____

Email: _____

Money enclosed: \$ _____

Money paid via EFT: \$ _____

Payment can be made via EFT to;

Account Name: School Grounds

BSB: 633-000

Account No. 205 223 043

Reference: Your name/footy



School health services in district high schools

When children and young people feel well, they learn better.
That's why we have community health nurses in schools.

Community health nurses work with families and school staff to support your child's health and development.

What the nurse can help with:

- Health checks for vision, hearing, growth and development
- Information and support to students and their families
- School immunisation programs
- Parenting support
- Care plans for students with health needs while they are at school
- Referrals to other health services if needed
- A friendly place to ask questions about health



In primary school

You'll be asked to fill out a health form in kindy or pre-primary.

With your permission, the nurse will check your child's:

- Vision
- Growth
- Hearing
- General development

You'll get a summary of the check. If anything needs following up, the nurse will contact you.

Worried about your child's health?

You or your child's teacher can ask the nurse to do a health check at any time.



In high school

Community health nurses can help young people with health issues that matter to them.

They can talk privately with the nurse and find out health information about:

- Healthy eating and nutrition
- Healthy weight and body image
- Coping with illness
- Feeling anxious, stressed or unhappy
- Loss and grief
- Relationships
- Sexual health
- Smoking, alcohol and drug use

Community health nurses can refer young people to medical and other health services.

Students can make an appointment to see the nurse or drop into the health centre at lunchtime or before school. Services are free and confidential.

Young people are always encouraged to talk with their family about important health issues.

Enuresis (bedwetting) program

Bedwetting is common — and it can be treated. A bedwetting program is available for children aged five and a half to 18 years old who wet the bed more than twice a week.

- The program runs for six to eight weeks
- You and your child meet with the nurse every two weeks
- Your child learns how to stay dry at night
- Parents get support and tips to help at home

You will need a GP referral for the program.

School-based immunisation program

Immunisation nurses visit the school to provide Year 7 and Year 10 students with vaccinations.

Parents give permission for immunisation. It is free and safe.



Need help or have questions?

Talk to your child's teacher or the school office to contact the nurse.

Scan or visit these websites for more information:



raisingchildren.net.au

Ad-free parenting videos, articles and apps backed by experts.



healthywa.wa.gov.au

For information on a range of health topics.



wacountry.health.wa.gov.au

Information for kids and teens.

STRIVE VALUE OF THE MONTH

SUCCESS

AT KULIN DISTRICT HIGH SCHOOL TO HAVE SUCCESS WE WILL:
TRY OUR HARDEST TO BE OUR BEST SELF

BEST FOOT

AT KULIN DISTRICT HIGH SCHOOL TO EXPERIENCE **SUCCESS** MEANS I AM:

- Always looking at ways to improve
- Persevering until I get there
- Kind to myself and others
- Dreaming big
- Proud of who I am

Chill Time

ZOOPER DOOPER

FROSTY FRIDAY

50c EACH!

UPCOMING EVENTS

Term 1

20th February

Faction Captain Voting

23rd February

Year 3-10 Swimming Carnival
Permission notes due in

P&C Meeting - Library
3.20pm

24th February

Scitech Incursion |Year K-6

27th February

Whole School Assembly
2.30 pm | Undercover Area

2nd March

Labour Day - Public Holiday

6th March

Faction Swimming Carnival
Year 3-10 | Kulin Town Pool

TERM PLANNERS ON WEBSITE

WWW.KULINDHS.WA.EDU.AU

We sincerely thank the families who have already paid their voluntary contributions and charges. We are pleased to report that many families have completed their payments.

For families who have not yet done so, this is a friendly reminder. Kindly refer to the amounts outlined below and arrange payment at your earliest convenience.



Kindy \$77.50
Pre primary \$112.00
Year 1 to Year 6 \$135.00
Secondary \$270.00

You can also refer to the website:

<https://www.kulindhs.wa.edu.au/page/29/Book-List>

Bank Details:

Kulin District High School

BSB: 633 000

Account Number: 1313 955 76

